

Parenting Resources

Boundaries with Kids

Dr. Henry Cloud & Dr. John Townsend

8 sessions (VHS/DVD)

To help their children grow into healthy adults, parents need to teach them how to take responsibility for their behavior, their values, and their lives. The authors of the Gold Medallion Award-winning book *Boundaries* bring their biblically based principles to bear on the challenging task of child rearing, showing parents: how to bring control to an out-of-control family life; how to set limits and still be loving parents; how to define legitimate boundaries for the family; how to install in children a godly character. Read by the authors. Abridged. 3 Hours.

Bringing Up Boys

Dr. James Dobson

12 sessions (VHS)

Sensible advice and caring encouragement on raising boys from the nation's most trusted parenting expert, Dr. James Dobson. With so much confusion about the role of men in our society, it's no wonder so many parents and teachers are at a loss about how to bring up boys. Our culture has vilified masculinity and, as a result, boys are suffering. Parents, teachers, and others involved in shaping the character of boys have lots of questions. In *Bringing Up Boys*, Dr. Dobson tackles these questions and offers advice and encouragement based on a firm foundation of biblical principles.

Creative Correction: Extraordinary Ideas For Everyday Discipline

Lisa Whelchel

6 chapters (DVD)

Drawing from her own family's experiences and from interaction with other parents, Lisa Whelchel offers creative solutions for parents who are out of ideas and desperate for new, proven approaches to discipline. In addition to advice on topics such as sibling conflict and lying, Whelchel offers a biblical perspective and down-to-earth encouragement to parents who are feeling overwhelmed. A handy reference guide that provides ideas for specific situations rounds out this resource that will be a blessing to parents and their children. Now in softcover. Can't get your child to behave? Don't get frustrated. . . Get Creative! You've tried timeout, grounding, and spanking. But still Junior won't change. Maybe it's time for a new strategy. When correction is done creatively, it's more rewarding--both for the child and for the parents--and it can be more effective at producing long-term results! Has your child been: Acting disrespectfully? Lying? Whining? Leaving a mess? For these and many other situations you face as a parent, Lisa Whelchel offers refreshing ideas to help you win the discipline battle. This fun, easy-to-use book has sold over 150,000 copies. It now includes a new chapter specifically on toddlers and small group study questions. *Creative Correction* is still laid out in a user-friendly manner with toolbox sections full of creative, practical ideas and a topical index.

Homes of Honor Parenting Series

Dr. Gary Smalley

8 sessions (VHS)

Parents can better learn how to raise their children when they can discuss their strengths and weaknesses with other parents. This workbook is designed to accompany the 8 session video series, *Homes of Honor Parenting*, with over 4 hours of teaching by Gary Smalley.

Making Children Mind without Losing Yours *Repackaged Edition*

Dr. Kevin Leman

6 sessions (VHS)

Raising children these days can be daunting. But if anyone understands why children behave the way they do, it's Dr. Kevin Leman. Equipping parents with seven principles of Reality Discipline--a loving no-nonsense parenting approach that really works--this internationally known psychologist, author and father of five shows parents how to: understand why children misbehave and what to do about it; foil finicky eaters, turn off temper tantrums, and minimize sibling rivalries; set suitable allowances, curfews, and privileges; and much more. Real-life examples, questions at the end of

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each chapter, and a discussion guide for individual or group use make this book an engaging read for parents, teachers, and child-care providers.

Parenting the Early Years

Drs. Les & Leslie Parrott

6 sessions (DVD)

Recently we've been working with Drs. Les and Leslie Parrott with some things for the parents of young children. They are best selling authors, who have sold over one million copies of their books. They are a very solid Christian couple that has been featured on Christianity Today, ABC's Good Morning America, Focus on the Family, The New York Times and they've even made their way on to Oprah. What we've been finding is that so many parents out there are wondering, "Do I have what it takes to be a good parent?" A lot of times parents need help, but nobody likes to ask for help. That's why we've teamed up with Les and Leslie Parrott to create a new video-driven study called Parenting: The Early Years. Now, this goes deeper than any technique of just getting kids to eat their broccoli and clean their room. It takes a Biblical approach into the traits parents want their children to have and what traits they want their children to see modeled in them.

Parenting by Heart

Dr. Ross Campbell & Dr. Kevin Leman

6 sessions (VHS)

Parenting by Heart will give you the basic principles you need to raise your children with confidence. It can help you repair situations that have caused so much frustration. You will discover practical ways to convey unconditional love; effective means to break defiant behavior; and essential steps to leave a lasting legacy with your children.

Parenting Teenagers for Positive Results Kit

Dr. Jim Burns

6 sessions (VHS)

This popular resource is designed for small groups and Sunday schools. The DVD features a real family situation played out in humorous family vignettes followed by words of wisdom by youth and family expert, Jim Burns, Ph.D. Kit contains: • 6 sessions on DVD featuring family expert Dr. Jim Burns • CD with reproducible small group leader's guides and participant guides

Parenting Your Teenager

Drs. Les and Leslie Parrott

6 sessions (DVD)

Identity questions. Emotional turmoil. Rebellion. Welcome to the teenager's world. And if you're their parent, you're already in that mix. It's a tough job, you know, and you've got to do it. Nowadays, you have to play counselor, cop, and crisis manager all rolled into one. Good parenting means using your head, your heart, and your faith.

Parenting Your Teenager equips moms and dads to recognize common patterns, plan effective strategies, and build character. Perfect for a church class or seminar, the 4-DVD set (with six lesson plans) features relationship experts Les and Leslie Parrott. And, in 24 gut-level interviews, parents and teens talk openly about rebellion, conflict, pain, and identity. Plus, there's a candid chat with singer Steven Curtis Chapman about faith and family.

About the Experts: For more than 15 years, Drs. Les and Leslie Parrott have been counseling people about relationships. Authors of several books, they have been guests on nationwide TV programs such as Oprah and Good Morning America, and their work has been featured in Christianity Today and Focus on the Family magazines. Now they've partnered with the BlueFish team to create a practical church resource for any parent who has teenagers.

Passport 2 Purity

Dennis & Barbara Rainey

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Weekend retreat format (CD)

Here's everything you need to plan an interactive, life-changing weekend retreat with your preteen! Dennis and Barbara Rainey help you confidently discuss the physical changes ahead; establish principles on dating and sex; and equip your child to make biblical choices throughout the turbulent adolescent years. Includes 57-page student and parent manuals, five audio CDs, and a commitment passport.

Single Parenting That Works

Dr. Kevin Leman

6 sessions (VHS/DVD)

Being a parent is challenging enough. Being a single parent can seem downright impossible. But now, drawing on material from his successful *Single Parenting That Works* curriculum guide and video series, Dr. Kevin Leman, America's favorite parenting expert, brings help and hope to the legions of single parents who desire to raise happy, healthy, well-adjusted children in a loving, caring, and biblically grounded way. Using his trademark quirky, no-nonsense approach, Dr. Leman shows parents how to build healthy, mature relationships with their former spouses, how to develop their children's self-esteem, and how to relate to their kids and discipline them in accordance with their unique, God-given personalities.

The Christian Family VCF 101A, B

Dr. Tony Evans

VHS

The Five Love Languages of Children

Gary Chapman & Dr. Ross Campbell

10 sessions (VHS)

According to the authors, each child expresses and receives love through one of five different communication styles. A parent's love language may be totally different from that of his or her child, which causes hurt feelings and misunderstandings. With the help of this book, adults can discover their child's primary language and learn what they can do to effectively convey unconditional feelings of respect, affection, and commitment that will resonate in their child's emotions and behavior.

Are you expressing your love in a way your child understands? Gary Chapman and Ross Campbell help you discover your child's unique communication style, so you can better meet his or her deepest emotional needs. From quality time to physical touch, these five "love languages" hold the key to your child's development and success.

5 Love Languages of Teenagers

Gary Chapman

5 sessions (DVD)

The Five Love Languages of Teenagers contains very practical guidance on how to express the teen's primary love language, how to teach them appropriate responsibility, and how to properly handle both parental and teen anger. It is a tangible resource for stemming the tide of violence, immorality, and despair engulfing many teens today.

The Parent Adventure

Rodney & Selma Wilson

6 sessions (DVD)

Informed by research that reveals destructive parenting patterns are being handed down through most American families (including Christian households), **The Parent Adventure** looks to the church to help break this cycle and teach moms and dads how to prepare their kids for a lifetime with God.

The problem starts when parents raise children based on their personal experiences growing up instead of using the Bible as the timeless, authoritative guide. Although seemingly painful at first, the parental attitude of "letting go" must begin intentionally at birth, keeping in mind that each child's life is more about knowing God than anything else. With this outlook established, the

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future-focused mom and dad will move more joyfully through each stage in the adventure of parenting as detailed in the book.

Knowing God has a lifelong plan for each family member, parents and kids will grow closer to each other just as sure as they will grow closer to God.

Value – Packed Parenting

Dr. Kevin Leman

7 sessions (DVD/CD)

Dr. Kevin Leman is an internationally known Christian psychologist, best-selling author, speaker, and media personality. He is a guest on many Tv and Radio shows such as Focus On The Family, Midday Connection, Open Line, Oprah, Live With Regis, The Early Show, The Today show, Good Morning America, Real Families, and Parent Talk. Dr. Leman's 30 books include bestsellers such as *The Birth Order Book*, *Making Children Mind Without Losing Yours*, *Becoming The Parent God Wants You To Be*, and *The New Birth Order Book*. Dr. Leman is affiliated with American Psychological Association, American Federation of Radio and Television Artists, National Register of Health Services Providers in Psychology, and the North American Society of Adlerian Psychology. Kevin has Bachelor's, Master's, and Doctorate degrees in psychology from the University of Arizona. He and his wife, Sande, live in Tucson, and have five children.

This kit contains: 1) a leader guide 2) workbook 3) 2 promotional posters 4) DVD lessons 5) CD-ROM with clip art, color and black and white ad and promotional materials, a 10 minute audio preview of all seven lessons, and the audio version of lesson one.

DVD Lessons include:

The 10 Best Gifts You'll Ever Give Your Kids

How to Listen so Kids Will Talk & How to Talk So Kids Will Listen

Discipline Isn't Spelled P-U-N-I-S-H-M-E-N-T

10 Ways to Improve Your Child's Self-Confidence

Caution: Anger Ahead

Birth Order-and What You Need to Know About It

Standing Up to the New Goliath

Wrestling with Gorillas

Michael and Amy Smalley

5 sessions (DVD)

In this practical and powerful parenting series you will learn the five most important strategies to ensure a happy family.

With so many different ideas in the market place, Michael and Amy Smalley teach what matters most if you want to be effective in your discipline, resolve conflict with your children, unlock your child's potential, and give your children the blessing, a powerful experience every child should have before they leave home.

The five sessions:

1. The foundation of successful parenting
2. Parenting your child's unique personality
3. Effective discipline from 2 to 18
4. Resolving conflict
5. Giving your child the blessing

Your Child

Dr. James Dobson

12 sessions (VHS/DVD)

For more than 60 years, so-called experts have offered permissive and unworkable advice to parents about child rearing. Your Child, through experts such as Dr. James Dobson along with interviews and animated vignettes, offers solid counsel and advice on how to effectively discipline children and lead them with confidence. Contents include: Welcome Discipline, Part I - Why Your Child Needs Discipline; Irresponsibility vs. Defiance; Anger vs. Action; Finding Balance in Discipline; Part II - To Spank or Not to Spank; Compliant vs. Defiant; Changing Discipline As Your

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Child Grows, Parts 1 and 2 The Strong Willed Child - Protecting the Spirit; The Strong Willed Adolescent Part 1 and 2; The Ultimate Priority